## ALIGN BY DESIGN

Creating Environments that Propel Growth



# SPACES EITHER FUEL OR DRAIN OUR ENERGY

### EXTERNAL

ENVIRONMENTS ALIGNED
WITH OUR INTENTIONS

### INTERNAL

FEEDING OUR SOULS WITH WHAT MATTERS



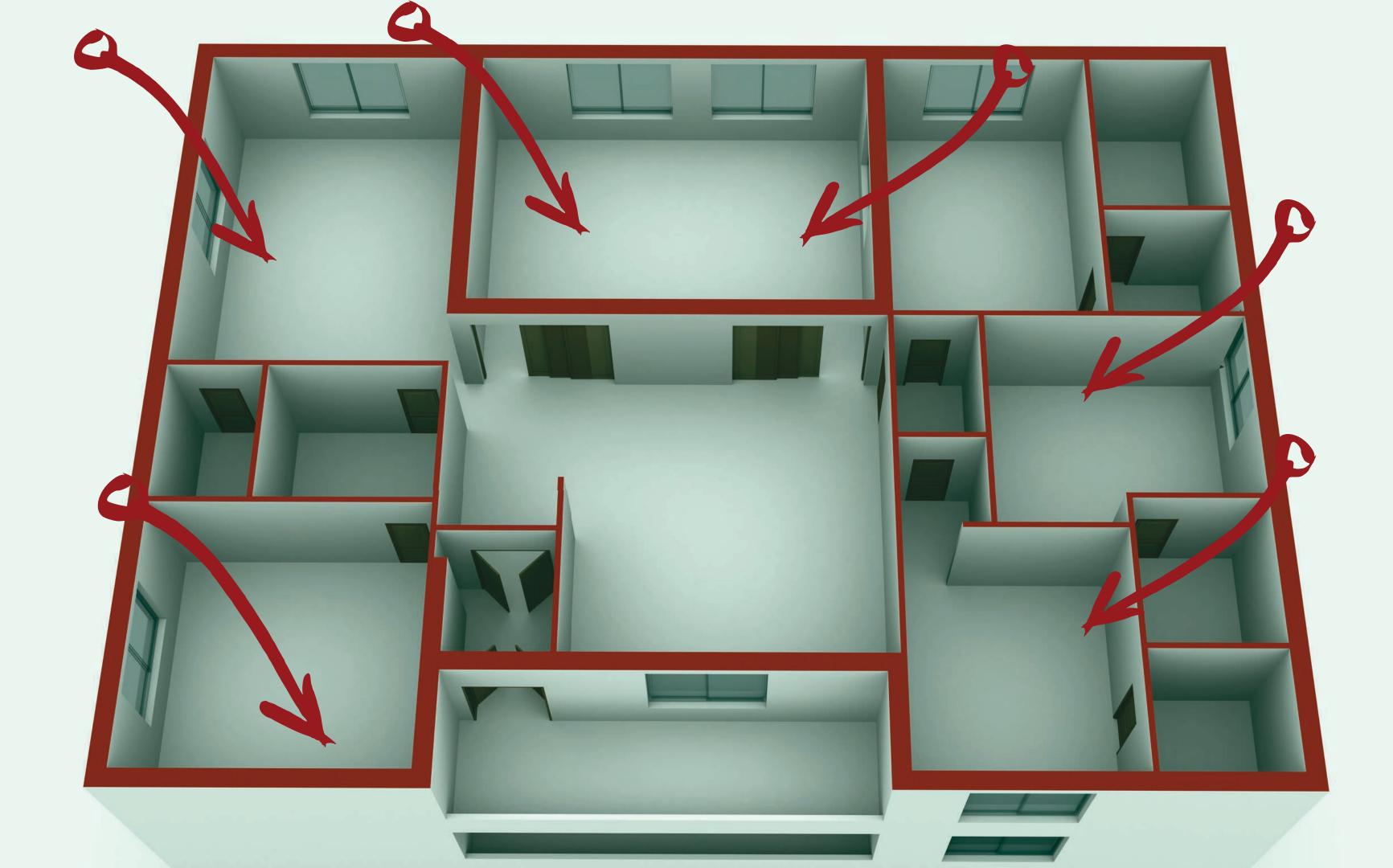
### Position

#### **EXTERNAL**

Solid Support
Room to Think
Spirit Triggers

#### INTERNAL

Motivations Movement Momentum







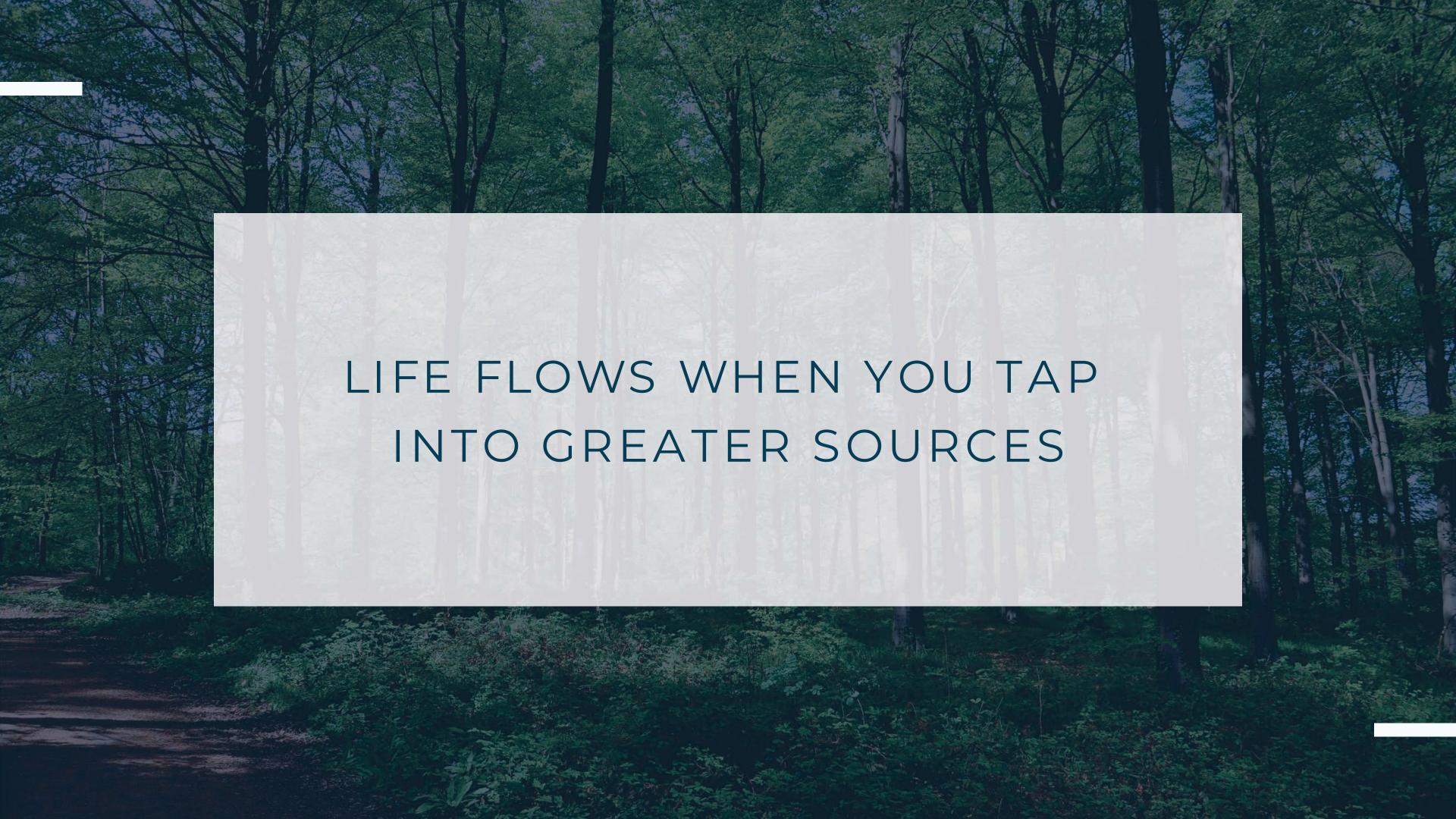
### Position

#### **EXTERNAL**

Solid Support
Room to Think
Spirit Triggers

#### INTERNAL

Motivations Movement Momentum



EXTERNAL

Energy of color

Seasonal Living

INTERNAL
Shades of Light
Strokes of Genius
Make some Tracks

### Paint







COLOR	MEANING	
Red		
Orange	Associated with joy, enthusiasm, creativity, and success	
Yellow	Associated with happiness, energy, freshness, and intellect  Used to represent growth, ambition, and harmony  Associated with stability, wisdom, loyalty, and confidence  Associated with power, ambition, wisdom, and dignity, as well as creativity	
Green		
Blue		
Purple		
White	Represents new beginnings, innocence, and simplicity	
Black	Associated with elegance, power mystery, strength, and mystery	



EXTERNAL

Energy of color

Seasonal Living

INTERNAL
Shades of Light
Strokes of Genius
Make some Tracks

### Paint



"Renew and remodel with each changing season,
for the art of excavation is where we discover our true nature."

~ Mina Fies

	EXTERNAL	INTERNAL
POSITION		
PAINT		
PLANT		

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### Plant

#### **EXTERNAL**

Symbols of Growth
Great Teachers
Intention Matters

#### INTERNAL

Tending our Soil
Size of Garden
Surrounding Species



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